




SUN	MON	TUE	WED	THU	FRI	SAT
					<i>Social Media Post</i> EMAIL ANNOUNCEMENT	
	 FACEBOOK / IG LIVE TEXT	 FACEBOOK / IG LIVE	 FACEBOOK / IG LIVE TEXT	 FACEBOOK / IG LIVE	 FACEBOOK / IG LIVE TEXT & EMAIL <i>Social Media Post</i>	
	TEXT		EMAIL <i>Social Media Post</i>		<i>Social Media Post</i>	
	TEXT		EMAIL <i>Social Media Post</i>		 FACEBOOK / IG LIVE EMAIL & TEXT <i>Social Media Post</i>	
	 FACEBOOK / IG LIVE TEXT				TEXT & EMAIL <i>Social Media Post</i>	